Shifa Clinic:
845 Lowcountry Blvd.,
Mount Pleasant, SC 29464
www.Shifa101.com    Phone: 843-352-4580

ICNA Relief Head Office
87-91 144th St., Jamaica, NY 11435
www.icnarelief.org
The core of our mission is to provide compassionate and high quality medical care to uninsured, indigent adult residents of our community regardless of race, religion, ethnicity, or national origin and to put into practice the Islamic teachings of compassion, mercy and service to humanity.
VALUES

- **Respect:** To hold all individuals in high regard while demonstrating kindness and consideration.
- **Compassion:** To demonstrate empathy, caring, and sensitivity to the needs of others.
- **Integrity:** To display sound moral principles, honesty, sincerity, and accountability.
- **Accountability:** To be responsible for one's actions and accomplish what one has agreed to do.
- **Collaboration:** To work cohesively in an environment that values everyone's contribution.
- **Competence:** To demonstrate the ability to perform in an intelligent, proficient, and skillful manner.
- **Improvement:** To deliver the highest level of care possible through the process of evaluation and education.
- **Gratitude:** To appreciate the donated time, benefits, and contributions received.
- **Fiscal Responsibility:** We will be responsible stewards of organizational monies, ensuring equitable and judicious expenditures for the common good. We support efficient use of resources to maximize the quality and cost-effectiveness of our programs.
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Greetings of Peace.

On behalf of those we serve, who are in need of food and health care, we want to say thank you to each person who has helped in providing these services.

This report provides an overview of programs and services delivered in the past year. It also lists donors and those who have partnered in many different ways.

In addition, the report provides financial information. We are pleased to tell you that every dollar donated has been used for program support. Your gifts are a trust to us and we hold ourselves accountable for our responsibility of distribution these gifts.

The Free Clinic serves as a facilitator by bringing together those who are struggling on behalf of those in our community who care and want to help.

Thank you for your support, interest, and understanding of the need.

The Shifa Clinic started its operation on January 7, 2012.

Thanks to all the volunteers who lugged boxes, moved furniture and organized the new space to be a welcome and hopeful environment for our patients.

We look forward to growing our services with new partner agencies.
### SHIFA STATISTICS

**Operational Days** | 50  
---|---  
**Total Patient visit** | 280  
**New Patient visit** | 169  
**Follow up visit** | 111  
**Vaccines given** | 117  
**Procedures performed** | 18  
**In house imaging procedures (ultrasound)** | 31  
**Pap Smears** | 101  
**Screening Mammograms** | 26  
**Diagnostic Mammograms** | 15  
**Screening mammograms with pending results** | 15  
**Patients diagnosed and treated for Invasive Cancer** | 2  
**Patients diagnosed and treated for Pre-Invasive Cancer** | 2
**Employment Status of Patients**

- **Unemployed:** 53.8%
- **Employed:** 46.2%

38.5% of employed individuals are 200% below the federal poverty line.

7.7% of employed individuals are 250% below the federal poverty line.

**Patient Demographics**

- **African American:** 40.2%
- **Caucasians:** 24.9%
- **Hispanic:** 37.9%
- **Arabs:** 10.7%
- **Asian:** 0.047%
The Shifa Clinic serves adults (18-64) who do not qualify for county health care, do not have private insurance, Medicare, Medicaid, and who cannot self-pay. It is strictly a GYN service and no OB services or prenatal care are available.

Available services are:
Routine Gynecological Exams; including pap smears
Breast Exams; Referral for no cost Screening Mammograms.
Referrals for diagnostic Mammograms.
Evaluation and Management of Pelvic Pain
Management of Abnormal Pap Smears
Colposcopy and Cervical Biopsies
Discuss Menstrual problems and solutions
Endometrial biopsies
Vulvar Biopsies.
Consultation and Management of Contraception
Diagnosis and Treatment of Vaginal Infections
Testing for Sexually Transmitted Infections and Treatment
Conduct Pregnancy Tests
Well Woman Exams including: Lipid Testing, Thyroid Testing
Diagnosis and Treatment of UTI
Menopause Diagnosis and Treatment
Endometriosis Evaluation and Treatment
IUD Insertion and Removal
Free of Charge Adult Vaccines
Referral for Surgeries as needed
In House pelvic Ultrasound and Imaging
We are thankful to the Blue Cross Blue Shield foundation for their generous grant and the support given to the Free clinics of South Carolina through the SC Free Clinic Association. The grant helped the clinic have a new start and helped us achieve our goals of providing care for the uninsured.

**INCOME SOURCES**

- **BCBS grant**: $20,833
- **Community donations**: $7,685
- **Fundraising Event April 7th Ticket sale**: $2,600
- **Patient donation from cash box**: $447.08

**Total**: $31,565.08

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**ICNA RELIEF April 7th Event Fundraising Banquet Dinner**

ICNA Relief Headquarters from New York arranged the banquet dinner at Holiday Inn in Mt. Pleasant on April 7, 2011.

The Event, Serving Humanity, raised a total of $5,174; including ticket sales and community donations.

We are thankful to all the community members who helped and supported the event. We also appreciate everyone’s presence and best wishes.
## IN KIND DONATIONS WORTH

<table>
<thead>
<tr>
<th>Service</th>
<th>Rate</th>
<th>Hours</th>
<th>Frequency</th>
<th>Valued</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Director hours</td>
<td>$325</td>
<td>40</td>
<td>12</td>
<td>$156,000</td>
</tr>
<tr>
<td>Accounting</td>
<td>$100</td>
<td>4</td>
<td>12</td>
<td>$4,800</td>
</tr>
<tr>
<td>Physician</td>
<td>$125</td>
<td>24</td>
<td>12</td>
<td>$36,000</td>
</tr>
<tr>
<td>Lab Corp Services</td>
<td>Varies</td>
<td>Varies</td>
<td>12</td>
<td>$9,343</td>
</tr>
<tr>
<td>Nurse Volunteer Hours</td>
<td>$50</td>
<td>12</td>
<td>12</td>
<td>$7,200</td>
</tr>
<tr>
<td>Vaccine Donated by DHEC and Merck patient Assistant program</td>
<td>Varies</td>
<td>Varies</td>
<td>12</td>
<td>$7,116</td>
</tr>
<tr>
<td>Board Members hours</td>
<td>$500</td>
<td>4</td>
<td>3</td>
<td>$6,000</td>
</tr>
<tr>
<td>Administrative Volunteer hours</td>
<td>$10</td>
<td>48</td>
<td>12</td>
<td>$5,760</td>
</tr>
<tr>
<td>Goods donated by the community</td>
<td>multiple</td>
<td>multiple</td>
<td>12</td>
<td>$2,515</td>
</tr>
<tr>
<td>Computer set up</td>
<td>$75</td>
<td>20</td>
<td>1</td>
<td>$1,500</td>
</tr>
<tr>
<td>Internet set up</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fax set up and maintenance</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cost of Internet, phone and fax services</td>
<td>$103.75</td>
<td></td>
<td>12</td>
<td>$1,245</td>
</tr>
<tr>
<td>Business travel hours</td>
<td>$50</td>
<td>20</td>
<td>1</td>
<td>$1,000</td>
</tr>
<tr>
<td>Office cleaning</td>
<td>$20</td>
<td>4</td>
<td>12</td>
<td>$960</td>
</tr>
</tbody>
</table>

Total: $239,439.00
Total Expense for the Year

**Medical expense**
- Medical Supplies including office equipment, sterilizer, instruments, vaccines (from Merck initial cost), chemicals and disinfectants $10,724.59
- Medical Waste pick up $1,055
- Lab Charges $0 (See in kind)

**Total Medical Expense: $11,779.59**

**Occupational Expense**
- Rent and utilities $13,950
- Phone/internet/ fax $0 (see in kind)
- Office supplies $3,247.44

**Total Occupational Expense: $17,197.44**

**Administration Expense**
- Pay roll (Office Manager Salary) from August 2011 to Dec 2011 $1,009
- Other including postage, travel, printing and background checks $213.78

**Membership/Licenses and Permits**
- SCFA, Chambers of Commerce, AMA, WHCC $908.00

**Miscellaneous**
- Including water, key sets, minor office supplies and initial computer set up supplies $58.04 + $369.97 = $428.01

**Total: $31,535.82**
## Cost Worth of Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Number of patients</th>
<th>Cost per patient</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pap</td>
<td>101</td>
<td>$50</td>
<td>$5,050</td>
</tr>
<tr>
<td>Endometrial biopsy</td>
<td>12</td>
<td>$300</td>
<td>$3,600</td>
</tr>
<tr>
<td>Cervical Polyp Removal</td>
<td>2</td>
<td>$400</td>
<td>$800</td>
</tr>
<tr>
<td>Vulvar biopsy</td>
<td>1</td>
<td>$350</td>
<td>$350</td>
</tr>
<tr>
<td>Colposcopy with biopsy</td>
<td>3</td>
<td>$400</td>
<td>$1,200</td>
</tr>
<tr>
<td>Blood work drawing fee</td>
<td>70</td>
<td>$5</td>
<td>$350</td>
</tr>
<tr>
<td>Pelvic Ultrasound</td>
<td>31</td>
<td>$400</td>
<td>$12,400</td>
</tr>
<tr>
<td>Mammogram</td>
<td>41</td>
<td>$120</td>
<td>$4,920</td>
</tr>
<tr>
<td>New Patient</td>
<td>169</td>
<td>$200</td>
<td>$33,800</td>
</tr>
<tr>
<td>Follow up visits</td>
<td>111</td>
<td>$75</td>
<td>$8,325</td>
</tr>
<tr>
<td>Vaccine administration fee</td>
<td>117</td>
<td>$30</td>
<td>$3,510</td>
</tr>
<tr>
<td>Total cost of vaccine given</td>
<td>117</td>
<td>$30-$150</td>
<td>$7,311</td>
</tr>
<tr>
<td>Lab Services</td>
<td>169</td>
<td>variable</td>
<td>$9,342.50</td>
</tr>
<tr>
<td>School bags</td>
<td>203</td>
<td>$25</td>
<td>$5,075</td>
</tr>
</tbody>
</table>

**Total: $96,058.50**

![Value of Services](image)
Clinic services are provided by a dedicated force of volunteers who provide services from direct patient care to administrative tasks. Their dedication and passion to serve is what keeps the clinic going smoothly. The Shifa Free Clinic’s small staff relies on the talents of these generous volunteers.

Volunteer hours donated last year:
- Board member hours: 60 (5 people)
- Accountant hours: 48
- Administrative volunteers: 576
- Physician hours: 288
- Medical director hours: 480
- Nurse volunteer hours: 144
- Office set up hours: 24
- Business travel hours: 20
- Office Maintenance and cleaning: 60

Total Volunteer Hours: 1700

Board Members: generously volunteer their time, and assist with helping to identify and articulate the future vision for Shifa’s continued growth.

Dr. Ahsan Khan, MD
Dr. Abdal Rahman, MD
Mr. Natheem Basha
Mr. Syed Khairuddin
Dr. Reshma Khan, MD
Office Manager:
  Sandra Wigfall

Quality Assurance Committee:
  Dr. Sabeen Rahman, MD
  Dr. Abdal Rahman, MD
  Dorothy Bleschmidt, RN

Nurses:
  Dorothy Bleschmidt, RN
  Laurie Hasan, RN
  Suzie Ravennel, RN

Clinic Schedulers:
  Anjum Basha
  Shazli Masood
  Bassant Ibrahim

Administrative Volunteers:
  Aimee Ways
  Anjum Basha
  Bassant Ibrahim
  Debra Harris
  Rama Housseh
  Tamika Anderson

Spanish Translator:
  Lorana
  Paula Young, RN

Website /Technical Support:
  Dr Reshma Khan
  Mohammad Arif.

Fundraising Event Coordinator and Manager:
  Soraya Young

Public Relation:
  Aya Khalil
Collaborations

LabCorp provides leading-edge medical laboratory tests and services through a national network of primary clinical laboratories and specialized Centers of Excellence. They provide lab services free of charge to the clinic.

The mission of Miller-Motte is to help students acquire the essential career and personal skills and knowledge necessary to secure initial employment in their chosen field.

The Shifa Clinic has signed an agreement with MMTC for providing externship hours to the students. The students also help with donations of non-medical supplies for the need of the patients such as clothes, shoes, and bags.

The South Carolina Department of Health and Environmental Control (DHEC) is the state agency charged with protecting public health, coastal resources, and the state's land, air and water quality as authorized under multiple state and federal laws.

DHEC has provided the Shifa Clinic with vaccines free of charge to help the community. These vaccines include Tetanus, Flu, and Twinrix.
Collaborations

Clinic refers the patients to Hollings Cancer Center mobile health unit for screening mammograms and the center in turn refer unfunded patients to the clinic if they do not have a primary care providers. We work together as community partners to address the needs of the uninsured, underserved in the communities we serve. In addition, Hollings Cancer Center breast health patient navigation program provides help to the patients referred to the Center by working to remove any barriers (financial, transportation, language, social etc.) to them receiving timely screening, diagnostic and treatment services.

Through Merck we have patient assistance programs running which helps in providing other vaccines including Gardasil, Pnuemovax, MMR and Recombivax.
Clinic Membership

The Access Health Tri-County Network (AHTN) is comprised of 27 partners providing a wide range of healthcare and health-related services to uninsured residents in Berkeley, Charleston, and Dorchester counties with a coordinated approach to access to healthcare. Their network partners consist of hospitals, free clinics, healthcare centers, outreach providers, department of mental health, local health department and volunteer primary care/specialty care providers.

SCFCA is an independent, nonprofit membership organization that provides training and technical assistance, research, resource development and advocacy to Free Clinics throughout South Carolina. SCFCA represents and supports our states network of 40 Free Clinics, which provides comprehensive health care to the uninsured. The SCFCA was incorporated as an independent 501(c)(3) non-profit organization in January 2008.
The National Association of Free and Charitable Clinics (NAFC) is the only nonprofit 501c(3) organization whose mission is solely focused on the issues and needs of the more than 1,200 Free and Charitable Clinics and the people they serve in the United States. Founded in 2001 and headquartered in Washington, D.C., the NAFC is an effective advocate for the issues and concerns of Free and Charitable Clinics, their volunteer workforce of doctors, dentists, nurses, therapists, pharmacists, nurse practitioners, technicians and other health care professionals, and the patients served by Free and Charitable Clinics in communities throughout the nation.
Surviving cancer and making it through cancer treatment are major accomplishments. Two of our patients are such survivors.

**Angelique Walker**

Angelique is 39-years-old and was diagnosed with breast cancer. She was immediately referred to Hollings Cancer Care Center. Now post treatment, she is very happy and satisfied with her care and is enjoying her family and the blessings of God.

**Tasha Gilliard**

Tasha is 43-years-old and was diagnosed with breast cancer. Now after surgery and treatment, she is happy, satisfied and on her way to a healthy life.

Thanks to Hollings Cancer Care Center for the immediate help provided and helping the patient through the Medicaid process.
HOW DID THE PATIENTS KNOW ABOUT US?

Other clinics 55%

Friends and Family 29%

Others 15%

Website, Mosque, Newspaper
**Back To School Program**

Funds Generated: $2,030 through donations from members of the Central Mosque of Charleston.

There were 203 free book bags filled with pencils, crayons, rulers, notebooks, erasers, sharpeners, highlighters, pens given away on Kings Street downtown Charleston on Sunday afternoon on August 12, 2012. The children also got to choose their own color of book bag: red, black or blue.
In the effort to support the National Campaign of Nourish America and Feed the Hungry we have started two programs with Crisis Ministry local reputed homeless shelter.

Funds Generated: $1,080
Funds Spent: $752.27

1) Monthly Breakfast Meal Sponsorship and Service to the entire shelter residents. This has been operational since April 2012.

2) Weekly hot meal delivery to the residents of Transitional Living Center
1) Increase our service by 20%

2) Provide free/low cost DEXA scan: screening for Osteoporosis

3) Provide Low Cost/Free Colonoscopy

4) Attain certification for the clinic for SC Free Clinic Association

5) Expand the Feed the Hungry program

6) Increase back to school program by 50%

7) Literacy program: Organize book drives and providing patients books free of charge for their children and thus encouraging reading.

Long Term Goal:

To expand services to both Men and women by providing Primary Care services and other specialties including Dental.
ICNA Relief USA seeks to alleviate human suffering by providing caring and compassionate service to victims of adversities and survivors of disasters. ICNA Relief USA strives to build healthy communities, strengthen families and create opportunities for those in despair while maintaining dignity and advocating for basic human needs.

At Shifa Clinic, our commitment to our mission is unwavering, and we invite your support in our efforts to serve more patients. With your help we will continue to offer helping hands, health and hope. God Willing.

Coming together is a Beginning,
Keeping together is a Progress,
Working together is a Success.